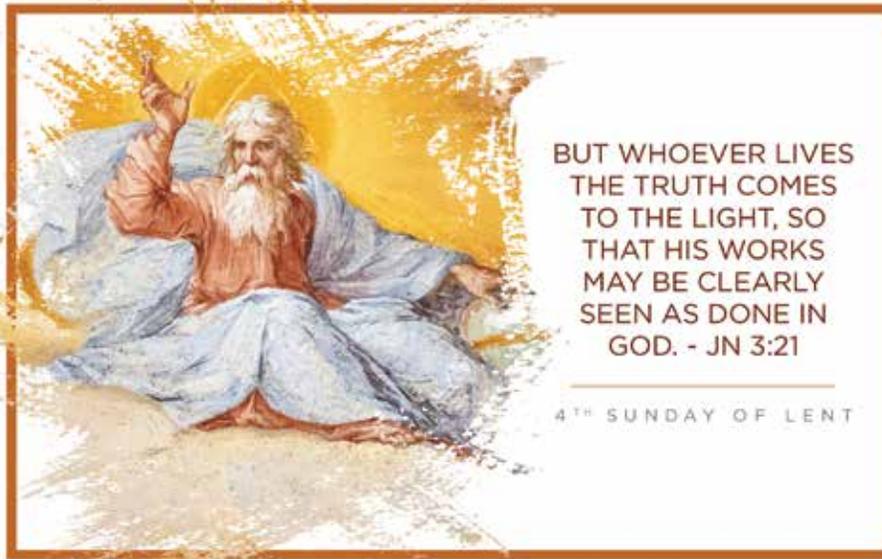


# SACRED HEART CATHOLIC CHURCH

Sunday, March 14, 2021

4th Sunday of Lent



EXCERPTS FROM THE LECTIONARY FOR MASS ©2001, 1998, 1970 CCC, ©LPI

## SACRED HEART'S

### Lenten Programs

#### NO GREATER LOVE

A Biblical Walk Through  
Christ's Passion

*Will You Follow Jesus to Calvary?*

**DATES:** Thursdays – 18, 25

**TIME:** 10:00am

**PLACE:** Father Kreft Hall



Filed on location in the Holy Land, *No Greater Love* is a biblical pilgrimage that reveals Christ's amazing love for us. You will walk step-by-step

with Jesus from the garden of Gethsemane to Mount Calvary.

#### STATIONS OF THE CROSS



This lent how are you reflecting on God's love through his redemptive act for you? Jesus said on the cross said "I thirst", what he thirst for is you. Come join us every **Friday night at 7pm** for a different "Stations of the Cross" Presentation. Come Pray with your fellow parishioners for your family, for your parish, for your Archdiocese, and for the world; That we may love the Lord and share his good news of salvation with all we meet.

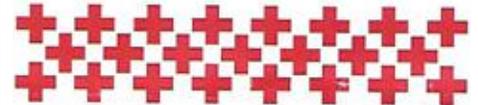
**MARCH 19**  
Religious Education –  
Children's Way of the Cross

**MARCH 26**  
Women's Bible Study –  
Mary's Way of the Cross

American Red Cross

*Give blood.*

Help save lives.



**Blood Drive**  
Sponsored by  
Knights Of Columbus  
at Sacred Heart Parish

Father Kreft Hall  
3400 Adams Rd  
Auburn Hills

**Sunday, March 14, 2021**  
8:00 a.m. to 2:00 p.m.

To schedule an appointment, please visit  
[RedCrossBlood.org](http://RedCrossBlood.org) and enter  
sponsor code: [sacredheart113](http://sacredheart113) or call 1 800 RED CROSS  
(1-800-733-2787).



Scan to be directed to  
RapidPass®



Scan to schedule  
an appointment.



#### SACRED HEART PRAYER CROSS

If you have not yet included your Lenten prayer

request on our cross in the back of Church please add them. Then pray for the needs of other parishioners that have already placed their petitions on the cross.

Please keep each other's requests at the forefront of our thoughts and prayers. As we continue our journey this Lent, we need to be like Simon of Cyrene and assist each other in carrying our cross.

Please pray that God will intercede for the needs of everyone posted on the Cross this Lent. We know when two or more are present, Jesus is with us. So let us bring our needs to the Lord and join our prayers together to make this a blessed Lent.

*The fruit of silence is prayer, the fruit of prayer is faith, the fruit of faith is love, the fruit of love is service, the fruit of service is peace.*

— St. Mother Teresa of Calcutta



## HEARTS ON FIRE at Sacred Heart

Where Faith is Known,  
Lived, & Shared

*I have come to set the earth on fire, and how I wish it were already blazing. (Luke 12:49)*

On November 22, 2020, Archbishop Vigneron wrote a Pastoral Note on Families of Parishes: *Led by the Spirit on Mission*. In the following weeks we will view and pray with excerpts from that Note.

**LISTEN to the Archbishop:** Primary among the commands of the Great Commission was Jesus' instruction to his Apostles to share the Sacraments and to teach the faith...The third duty, the pastoral governance of a parish...is an important aspect of the priesthood but it is not mentioned in the Great Commission. Rather, Jesus focused on the other two. The duty of governance often proves to be among the chief challenges faced by priests in our times...[spending] disproportionate amounts of time and energy each day on the "worldly" tasks of running their parishes...I cannot help but notice the increased need we have for priests to be free to recommit their efforts more fully to teaching and to administering the sacraments. During Synod '16 we clearly heard the need for more opportunities for the Sacrament of Confession, support for families in their living out the faith, and a transformational Sunday experience, including preaching which brings about a life-changing encounter with Christ... We cannot continue to operate as we have—with greater demands on our priests—and simultaneously expect better results from their ministry. A new approach is needed.

NOTE ON FAMILIES OF PARISHES: *LED BY THE SPIRIT ON MISSION*, PG 5-6

**PRAY: Tear or cut off this prayer and keep it where you'll remember to pray it throughout the week**

*Come, Holy Spirit, to Sacred Heart Church and to our Sister Parishes: Give us the grace of understanding the importance of the priestly duties of sharing the Sacraments and teaching the faith. Open our minds and hearts to accept and promote innovations that will provide priests with the opportunities to perform those duties to which they are called by Christ and to receive cooperation and help for other responsibilities. Come Holy Spirit, fill the hearts of your faithful and kindle in us the fire of your love. Amen!*

**ACT:** What is this Note saying to *me*? This week pray for the priests of our Family of Parishes to embrace the changes needed to enable them to perform the primary duties of their calling—offering the Sacraments and teaching the faith—while sharing and cooperating with others in the appropriate responsibilities of parish governance. AND pray that all parishioners, including *me*, will accept the new order as well.

To read or to order the entire Note, "*Led by the Spirit on Mission*" go to [familiesofparishes.org](http://familiesofparishes.org).

## Saint OF THE WEEK

MARCH 9 | SAINT FRANCES OF ROME

On March 24, it is the feast day of St. Catherine of Sweden, Catherine of Sweden, Saint, the fourth child

of Saint Bridget of Sweden and her husband, Ulf Gudmarsson. At the age of seven she was sent to the abbess of the convent of Riseberg to be educated and soon showed, like her mother, a desire for a life of self-mortification and devotion to spiritual things. At the command of her father, when about thirteen or fourteen years old, she married a noble of German descent, Eggart von Kürnen. She at once persuaded her husband, who was a very religious man, to join her in a vow of chastity. Both lived in a state of virginity and devoted themselves to the exercise of Christian perfection and active charity. Despite her deep love for her husband, Catherine accompanied her mother to Rome, where St. Bridget went in 1349.

Soon after her arrival in that city Catherine received news of the death of her husband in Sweden. She now lived constantly with her mother, took an active part in St. Bridget's fruitful labors, and zealously imitated her mother's ascetic life. Although the distinguished and beautiful young widow was surrounded by suitors, she steadily refused all offers of marriage. In 1372 St. Catherine and her brother, Birger, accompanied their mother on a pilgrimage to the Holy Land; after their return to Rome St. Catherine was with her mother in the latter's last illness and death.

In 1374, in obedience to St. Bridget's wish, Catherine brought back her mother's body to Sweden for burial at Wadstena, of which foundation she now became the head. It was the motherhouse of the Briggittine Order, also called the Order of St. Savior. Catherine managed the convent with great skill and made the life there one in harmony with the principles laid down by its founder. The following year she went again to Rome to promote the canonization of St. Bridget, and to obtain a new papal confirmation of the order. She secured another confirmation both from Gregory XI and from Urban VI but was unable to gain at the time the canonization of her mother, as the Schism delayed the process. When this sorrowful division appeared, she showed herself a steadfast adherent of the party of the Roman Pope, Urban VI, in whose favor she testified before a judicial commission. Catherine stayed five years in Italy and then returned home, bearing a special letter of commendation from the pope. Not long after her arrival in Sweden she was taken ill and died. Catherine wrote a devotional work entitled "Consolation of the Soul", largely composed of citations from the Scriptures and from early religious books; no copy is known to exist. She is the patron saint of Europe, against abortion and for healing and protection from miscarriage.

## Reflect AND RESPOND TO SCRIPTURE

**First Reading:** The author of 2 Chronicles reflects on how historically God's fidelity and mercy was often met with Israel's disobedience and arrogance.

**How does the Lenten journey provoke an examination of conscience for you and your faith life?**

**Second Reading:** Paul speaks of our faith and our salvation as "the gift of God" to us.

**In what ways do you show appreciation for God's grace?**

**Gospel:** Jesus taught Nicodemus that God sent His only Son into the world to offer eternal life to believers.

**Who in your life needs to hear this message?**

## KNIGHTS OF COLUMBUS DRIVE-THRU LENTEN FISH DINNERS!

### Plan now & tell your friends! THE WORLD-FAMOUS FISH DINNERS ARE BACK!

No worries about getting great fish during Lent. On Friday's through Lent, **from 4pm-6:30pm**, the **Sacred Heart Knights' "World-Famous Fish Dinners"** will be available through our new, easy to use "Drive-Thru" service.

- Just drive up and order from your car!
- Dinners brought directly out to you as you wait!
- Your choice of fried and baked fish, mac n' cheese, broccoli, coleslaw, and, of course, our famous home-made chips!
- All for only \$10.00! – Cash, Check, or Credit Cards accepted!
- Fast! Easy! Safe!

*NOTE: Please enter at the Adams Road entrance (between Fr. Kreft Hall & Church) & just follow the signs!*



## LIVE THE LITURGY INSPIRATION FOR THE WEEK

God's messengers always seem to get mocked. They speak a truth that some folks do not want to hear. While on the one hand we admire them, we also are quite happy keeping them at a distance. After all, they are not referring to me but someone else, aren't they? We often wrongly conclude that because we may be more avant-garde, contemporary, politically sensitive, and untraditional, we are somehow more in the light than others. People tend to prefer darkness more than light, even the most spiritually sensitive among us. The light always carries with it the richness of God's mercy and compassion which see beyond ideologies and concepts to relationships that cultivate life, earthly and eternal. Every hand of compassion and mercy extended to a human being must always point back to God. The call always involves ordering our lives in accord with our truth and essence of being. As God never forgets us, we must never forget God. Now is the time to take stock of our infidelity and return to the light, even though it is difficult to look at.

## ST VINCENT DEPAUL EASTER DINNER FOOD DRIVE

This weekend, make sure to pick up a SVDP blue bags from the table in the back of Church, for the St Vincent DePaul Easter food drive. Please bring it back filled with food by Palm Sunday.

We will be providing families in need with an Easter ham, bread and a pie, along with whatever food is donated by our Sacred Heart Community. We would like to provide them food for the whole celebration of Easter to include breakfast, lunch and dinner. We try to provide every family with the following: ham, pie, bread, cereal, pancake mix and syrup, peanut butter and jelly, canned fruits and vegetables, canned meats, stew, chili, pasta and pasta sauce, jello, condiments, drinks, cookies, crackers, salad dressing, cake mix and frosting, brownies, muffins, rice, potatoes and paper goods. Please assist us in this mission of bringing the hope of the Easter Season to our clients.

May your Easter, be as blessed as those we are able to touch with the Easter baskets. If you have any questions on what to donate please call **Mary Alice Merlo at 248-375-5378**.

*Society of St. Vincent DePaul*



### The fruitfulness of evangelization depends upon the graces called down through intercession.

These prayers are specifically on behalf of our parish, our community, our Family of Parishes, and the world. Join us as we pray this week:

*Lord, we pray In the Name of the Father, the Son & the Holy Spirit:*

- ~ That all physical and spiritual fathers may emulate the strength and courage of St. Joseph as he mentored and loved our Lord Jesus.
- ~ For those in all vocations—marriage, priesthood, religious—that they be docile to the Holy Spirit and His leading to live their vocational life with love and joy and sacrifice.
- ~ For all those in our Family of Parishes be drawn to receive the great Mercy of our Lord in the Sacrament of Confession during this Lenten Season.
- ~ For parish families living on the margins of our society, or those feeling persecuted, that they may be comforted; and may the hearts of those in a position to help be moved to fulfill their needs.
- ~ That the priests of our Family of Parishes—may be more closely conformed to Christ so as to draw more people to Him.

*We ask all this in the Name of the Father, the Son & the Holy Spirit. Amen.*

## ARE YOU GETTING EMAILS FROM SACRED HEART PARISH?



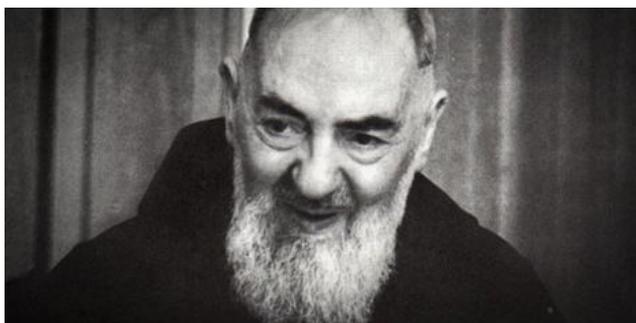
If not please call the office and provide us your name and email. Emails are "not given out and only used to share information and events happening at our parish.

## LEARN MORE ABOUT FAMILY OF PARISHES

On the Sacred Heart Website (esacredheart.org) under the tab **news and events** you can find a tab on **Family of Parishes**. This tab links you into the Archdiocese website that has lot of new and interesting information about family of parishes.



## PADRE PIO'S POWERFUL WORDS OF ADVICE WHEN A PANDEMIC HIT ITALY



People in Italy were terrified by a worldwide pandemic in 1918 and asked Padre Pio what they should do.

During the summer of 1918, Italy was hit hard by the Spanish flu, forcing schools to close down and local businesses to halt. It was a scary time to be alive, as everyone appeared to get infected by this wild virus.

Many were frightened by this sudden turn of events, and in Italy they turned to Padre Pio.

By September, everyone in San Giovanni Rotondo seemed to be ill, the schools were closed, and what little commerce there was in town was brought to a halt. In the next couple months, two hundred people from a population of ten thousand would perish. Padre Pio's spiritual daughters came to him terrified, begging him to save them. "Never fear," he assured Nina Campanile. "Put yourself under the protection of the Virgin, do not sin, and the sickness will not overcome you." Although some of the "daughters" fell ill, none of them died. (*Padre Pio: The True Story published by Our Sunday Visitor*)

*Whatever may happen in our own lives, Padre Pio reminds us to trust in the Lord, not to fear and to put ourselves under the protection of the Virgin Mary.*

*Philip Kosloski - published on 01/29/21 on Aleteia*



# FORMED®

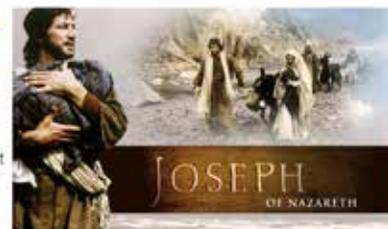
PICK OF THE WEEK

March 14, 2021

WATCH

### JOSEPH OF NAZARETH: THE STORY OF THE MAN CLOSEST TO CHRIST

With this year being consecrated to St. Joseph, we celebrate the feast day of Christ's foster father with even more joy and respect! Enter into the life of this great saint through the movie *Joseph of Nazareth!*



### Beloved

### BELOVED - SESSION 4: THE TOTAL GIFT OF SELF

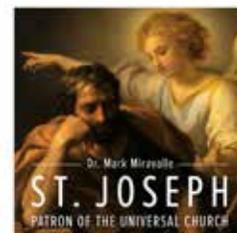
As foster father of Christ and virginal husband of Mary, St. Joseph fully gives himself to both his family and to God. Explore how we can emulate this gift of self in this episode of our *Beloved* series!

LEARN

LISTEN

### ST. JOSEPH: PATRON OF THE UNIVERSAL CHURCH BY MARK MIRAVELLE

St. Joseph, the holiest of the patriarchs, serves as a model of fatherhood, obedience, chastity, and so many other virtues. Join Dr. Mark Miravalle as he shares incredible lessons found in the hidden life of Joseph.



Our parish has a FORMED subscription.

To set up your free account visit [formed.org/signup](https://formed.org/signup) and select our parish.

## EVERYDAY STEWARDSHIP – RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

### AWAKE, O SLEEPER!

This morning came a little earlier than I would have liked — Daylight Savings Time always does. Sometimes that morning sunlight seems more intrusive than illuminating. You're still half-lost in sleep, and that sun is demanding of you a lot more than you're ready to give.

I've said it, and I'm sure you've said it, too. "Just five more minutes." You hit the "snooze" button on your iPhone once (maybe twice? Show of hands?) and turn away from the window.

So many kings of the Old Testament were steadfast in their sleepy ways, rejecting the light their God tried to share with them. Likewise, John tells us that, though Light — Christ — was sent into the world, the world preferred darkness.

Sometimes it seems, when reading through Scripture, that all throughout salvation history, God has been trying to pull back the curtains, to rouse us from our defiant slumber. And we resist Him. Time and time again, we resist Him.

Light brings a certain responsibility with it. It seems to compel productivity. Furthermore, there's no hiding in the light. Any photographer worth his salt knows how to manipulate it, highlighting the good and casting some merciful shade on the bad.

As we enter into the fourth week of Lent, we're getting so close to the main event. Can we handle the light that will come on Easter morning, bursting into the tomb as the stone is rolled away? Can we keep ourselves from hitting the "snooze" button on our souls, and sit up to face the dawn of a new day?

— Tracy Earl Welliver, MTS ©LPi

## Mass Intentions

Rosary said one-half hour  
before daily Mass

### Saturday, March 13, 2020

4:00 p.m.

† Mark Pilarski

### Sunday, March 14, 2020

10:00 a.m.

† Jerome Keating

by Margaret White

† Mark Pilarski by Nina Pilarski

† Fred Samrah by Family

† Andrew Serocki by Family

### Monday, March 15, 2020

9:00 a.m.

† Orleta Cairo

### Tuesday, March 16, 2020

NO MASS

### Wednesday, March 17, 2020

9:00 a.m.

† Mary Jo Singles

† Rita Pederson

### Thursday, March 18, 2020

NO MASS

### Friday, March 19, 2020

9:00 a.m.

† Bill Brown

† Fran Sellors by Victor Ingram

### Saturday, March 20, 2020

4:00 p.m.

† Gerri Kalem

### Sunday, March 21, 2020

10:00 a.m.

† Fred Samrah by Family

## PRAY FOR . . .

Names will be published for 3 weeks.  
If a name has been removed that you wish  
to have re-established, please call the  
Parish Office at 248-852-4170

John Latella	Dora Murray	Frank J. DeFelice
Elizabeth Jeri	Diane Hurd	Nick Rennels
David Sargent	Richard Booms	Jim Clem
Tommie Miller	Doreen Valente	Mary Ann Demres
Margaret O'Donnell	Mary Bourbeau	Fr. T. Mazur
Gabrielle Roth-Haver	Lori Crowl	Ron Iwaszkiewicz II
Don Boudreaux	Dennis Spensley	Priscilla Boudreaux
Jackson Hensley	Rolf Maier	Resi Cavellier
Marguerite Fishbaugh	Stella Lentz	Deac. Jack Parent
Joe Kroetsch	Tom Guibord	Ella Dawson
Joan Martus	Nancy Delosh	Anders McCarthy
Laurie Graves	Michael Delosh	Sean Reaume

### Scripture Readings for the Week



#### Sunday, March 14:

2 Chr 36:14-16, 19-23/Ps 137:1-2, 3, 4-5, 6 [6ab]/Eph 2:4-10/Jn 3:14-21 or 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4m 5, 6 [1]/Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

#### Monday, March 15:

Is 65:17-21/Ps 30:2 and 4, 5-6, 11-12a and 13b [2a]/Jn 4:43-54

#### Tuesday, March 16:

Ez 47:1-9, 12/Ps 46:2-3, 5-6, 8-9 [8]/Jn 5:1-16

#### Wednesday, March 17:

Is 49:8-15/Ps 145:8-9, 13cd-14, 17-18 [8a]/Jn 5:17-30

#### Thursday, March 18:

Ex 32:7-14/Ps 106:19-20, 21-22, 23 [4a]/Jn 5:31-47

#### Friday, March 19:

2 Sm 7:4-5a, 12-14a, 16/Ps 89:2-3, 4-5, 27, 29 [37]/Rom 4:13, 16-18, 22/Mt 1:16, 18-21, 24a or Lk 2:41-51a

#### Saturday, March 20:

Jer 11:18-20/Ps 7:2-3, 9bc-10, 11-12 [2a]/Jn 7:40-53

#### Sunday, March 21:

Jer 31:31-34/Ps 51:3-4, 12-13, 14-15 [12a]/Heb 5:7-9/Jn 12:20-33 or Ez 37:12-14/Rom 8:8-11/Ps 130:1-2, 3-4, 5-6, 7-8 [7]/Jn 11:1-45 or 11:3-7, 17, 20-27, 33b-45

### OUR MEN AND WOMEN IN THE SERVICE

2nd Lt Carrigan Berard, Army NG  
CPL Christopher Berard, US Marine Corp  
Sergeant Joel Bock, National Guard  
Lt Christopher Burns, Navy  
Lt Molly Hamilton Burns, Navy  
Lt Jamel Chokr, Coast Guard  
Sra Jake Coll, Air Force  
Ssgt Joshua Coll, Air Force  
AMS3 Christion Compton, Navy  
Joseph Destefano, serving in Iraq  
Capt Brent Drabek, Air Force  
Lt Linda Erickson, Army  
Petty Officer Anthony Giacobelli, Navy  
Lt Stephanie Herderich, Air Force  
Lt Nicholas Hughes, Army  
LCPT Dawson Innis, Marines  
Capt Benjamin Lloyd, Marines  
Capt Kaitlyn Tullock Lloyd, Marines  
Lance Corporal Adam Mather, Marines  
Capt Sean McQuade, Army  
Maj Sarah Burns Mobilio, Marines  
Sergeant Daniel Pendell  
Lt Ronnie Robinson, Army  
1Lt Billy Romine, Army  
Gunnery Sgt Michael Schuhler, Marines  
Capt Todd Sullivan, Army  
Senior Airman Scott Socia, Air Force  
Tom Yombor, Army Ranger 1175  
Ian Zdral, Army

JUST SO, YOUR LIGHT  
MUST SHINE BEFORE  
OTHERS, THAT THEY MAY  
SEE YOUR GOOD DEEDS  
AND GLORIFY YOUR  
HEAVENLY FATHER.

MATTHEW 5:16

Liturgy Schedule		
March 13-14, Fourth Sunday of Lent		
	Lector	Eucharistic Minister
Saturday, 4:00 pm Mass	Mary Tavernit	Mary Tavernit
Sunday, 10:00 am Mass	Dennis O'Meara	Dennis O'Meara
March 20-21, Fifth Sunday of Lent		
	Lector	Eucharistic Minister
Saturday, 4:00 pm Mass	TBA	TBA
Sunday, 10:00 am Mass	TBA	TBA

**Parish Mission Statement**

*Sacred Heart parish is a loving and giving Roman Catholic community. We welcome people from all walks of life as we celebrate God's presence in the Eucharist and we proclaim the Good News of Jesus Christ by serving all, teaching boldly and rejoicing always.*

Sacred Heart Parish		
<p><b>SACRED HEART OFFICE</b> 3400 S. Adams, Auburn Hills, MI 48326 248-852-4170   FAX: 248-852-5745 sacredheartauburnhills@gmail.com <a href="http://www.esacredheart.org">www.esacredheart.org</a></p> <p>Follow us on facebook, instagram and twitter @sacredheart7009</p>  <p><b>OFFICE HOURS:</b> Mon. &amp; Tues.: 9:00 a.m. – 3:00 p.m. Thurs &amp; Fri.: By Appointment Wed, Sat &amp; Sun: Closed</p> <p><b>LEADERSHIP AND STAFF</b> <b>Pastor:</b> Rev. Fr. Richard Cavellier .....x22 <b>Pastoral Associate &amp; Director of Religious Education:</b> Michael Merlo ...x12 <b>Deacon:</b> Rev. Mr. Jack Parent <b>Office Assistant:</b> Carol Bissa .....x10 <b>Music Minister:</b> Brendan Johnson</p>	<p><b>MASS SCHEDULE</b> Mon., Wed., Fri.: Mass 9:00a.m. Tues., Thur.: NO MASS Saturday: 4:00 p.m. Sunday: 10:00 a.m.</p> <p><b>PARISH COUNCIL COMMISSIONS</b> <b>Christian Service Member</b> Colleen Sylvester ..... 248-853-5717 <b>Education Member</b> JoAnn Eaton ..... 248-361-2854 <b>Finance Member</b> Ron Iwaszkiewicz ..... 248-852-1303 <b>Worship Member</b> JoAnn Eaton ..... 248-361-2854 <b>Member at Large</b> Mary Alice Merlo ..... 248-375-5378</p> <p><b>KNIGHTS OF COLUMBUS</b> <b>Sacred Heart Council 8659   <a href="http://kofc8659.com">kofc8659.com</a></b> Dan Heath (GK) ..... 248-343-9622 Sam Crowl (MD) ..... 248-980-4636 samcrowl@comcast.net</p>	<p><b>SACRAMENTS &amp; INFORMATION</b> <b>RECONCILIATION</b> Saturday, 3:00 p.m. <b>BAPTISMS</b> Please call the Parish Office for arrangements, Call 3 to 6 months before birth of child. <b>MARRIAGES</b> Arrangements to be made with priest. Call at least 6 months to a year prior to wedding. <b>RCIA</b> RCIA program for adult entrance into the Church begins each fall. Please call the Parish Office for information. <b>EUCCHARISTIC CHAPEL</b> Come and pray anytime. <b>NEW MEMBER REGISTRATION</b> Please call the Parish Office at 248-852-4170 x10 to register. <b>BULLETIN</b> Deadline: Articles are due by Friday (10 days before) at 5:00 p.m. Bulletin Editor Email: <a href="mailto:bulletin@esacredheart.org">bulletin@esacredheart.org</a></p>

### 3 EASY STEPS

#### TO KEEPING YOURSELF & OTHERS HEALTHY!

We are cautioned to be especially careful during the Coronavirus outbreak. Here are some simple ways to keep sickness away.



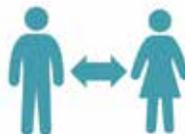
#### WASH YOUR HANDS

Wash your hands for at least 20 seconds using soap and water. If you can't wash your hands, use hand sanitizer frequently.



#### DON'T TOUCH YOUR FACE

Especially around the eyes, nose and mouth. If you must sneeze, use a tissue or your arm.



#### KEEP YOUR DISTANCE

Practice social distancing during this epidemic and stay away from large groups. Instead, call, email or check up on family and friends using social media.

### SACRED HEART CHURCH ON SOCIAL MEDIA

Sacred Heart has joined social media!

Make sure to like and follow us to stay up to date on all events!



Like and share us on Facebook:  
@sacredheart7009



Follow us on Instagram:  
@sacredheart7009



Follow us on Twitter:  
@sacredHeart7009